

**Core Skills Signposting**

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| **Sector** | Sport and Active Leisure  |
| **Qualification Title(s)** | SVQ Achieving Excellence in Sports Performance at SCQF Level 8 |
| **Developed by** | SkillsActive |
| **Approved by ACG** | 18 March 2020 |
| **Version**  | 1 |

## Introduction

Core Skills signposting indicates if there are opportunities within units to develop Core Skills in the workplace to a specified SCQF level. The signposting document should also acknowledge where there are no opportunities to develop Core Skills. This signposting can be used by providers and assessors to plan the development and assessment of Core Skills.

The five Core Skills are:

 Communication

 Information and Communication Technology

 Numeracy

 Problem Solving

 Working with Others

The SVQ Achieving Excellence in Sports Performance at SCQF Level 8 consists of 9 mandatory units. All the units have been mapped to the Core Skills at SCQF Level 5. All the Core Skills at SCQF Level 5 are embedded within the SVQ units as indicated on the attached sheet.

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| **SCQF L5 Core Skills** | **SKAES8 Work in a healthy and safe way whilst seeking to achieve excellence in your sport** | **SKAES9 Communicate effectively with other people whilst seeking to achieve excellence in your sport** | **SKASE1 Develop your technical skills to achieve excellence in your sport** | **SKASE2 Develop your tactical skills to achieve excellence in your sport** | **SKASE3 Develop your physical capability to achieve excellence in your sport** | **SKAES4 Develop your psychological skills to achieve excellence in your sport** | **SKAES5 Develop your nutritional strategy to achieve excellence in your sport** | **SKAES6 Manage your lifestyle to achieve excellence in your sport** | **SKAES7 Develop your sporting career** |
| **Communication** | Reading and Understanding | **PC1, PC2, PC3** | **PC1**  | **PC1.3, PC4, PC5** | **PC1.2, PC4, PC7** | **PC1.2, PC4, PC7, PC12** | **PC 1.2, PC8, PC9, PC10** | **PC1, PC3** | **PC1** | **PC1, PC2, PC3, PC4** |
| Writing |  |  | **PC 6, PC7** | **PC1.2, PC4, PC7, PC12** | **PC1.2, PC4, PC7, PC12** | **PC 1.2, PC8, PC9, PC10** | **PC5** | **PC1** | **PC9, PC12** |
| Speaking and Listening | **PC5, PC6** | **PC1, PC2, PC4** | **PC1.1, PC 1.2, PC1.3, PC1.4, PC2, PC6, PC7, PC10, PC12** | **PC 1.1, PC 1.2, PC1.3, PC1.4, PC2, PC6, PC8, PC10, PC12** | **PC1.1, PC1.2, PC1.3, PC1.4, PC2, PC6, PC8, PC10, PC12** | **PC 1.1, PC1.2, PC1.3, PC1.4, PC2, PC6, PC7, PC9** | **PC1, PC2, PC3, PC5, PC6** | **PC1, PC4, PC7, PC8, PC10** | **PC1, PC2, PC3, PC4** |
| **Numeracy** | Using number |  |  | **PC4, PC5, PC12** | **PC 1.2, PC4, PC7** | **PC1.2, PC4, PC7** | **PC 1.2, PC4, PC7** |  |  | **PC8, PC9, PC11** |
| Use graphical format to find out information |  |  | **PC4, PC5, PC12** | **PC 1.2, PC4, PC7** | **PC1.2, PC4, PC7** | **PC 1.2, PC4, PC7** |  |  |  |
| Use graphical format to communicate information  |  |  | **PC4, PC5, PC6, PC12** | **PC 1.2, PC4, PC7** | **PC1.2, PC4, PC7** | **PC 1.2, PC4, PC7** |  |  |  |
| **Information and Communication Technology (ICT)** | Performing ICT operations |  |  | **PC3, PC7** | **PC1.2, PC4** | **PC 1.2, PC4** | **PC1.2, PC4** |  |  |  |
| Processing information |  |  | **PC4, PC5, PC7** | **PC1.2, PC4** | **PC 1.2, PC4** | **PC1.2, PC4** |  |  |  |
| Finding Information |  |  | **PC3** | **PC1.2, PC4** | **PC 1.2, PC4** | **PC1.2, PC4** |  |  |  |
| **Problem solving** | Investigating |  |  | **PC4** | **PC7, PC10, PC12** | **PC7, PC10, PC12** | **PC4, PC5, PC7, PC8, PC9, PC12** |  | **PC8** | **PC1, PC2, PC3, PC4, PC5, PC6, PC7** |
| Planning and Solving |  |  | **PC4, PC7** | **PC7, PC10** | **PC7, PC10, PC12** | **PC4, PC7, PC8, PC9, PC10** |  | **PC1, PC2, PC8** | **PC1, PC2, PC3, PC4, PC5, PC6, PC7** |
| Checking and Evaluating  | **PC2, PC3, PC4** |  | **PC10, PC12** | **PC6, PC7, PC10** | **PC6, PC7, PC10, PC12** | **PC4, PC6, PC7, PC8, PC9, PC10** |  | **PC8** | **PC1, PC2, PC3, PC4, PC5, PC6, PC7** |
| **Working with others** | Working co-operatively with others | **PC5, PC6** | **PC1, PC2, PC4** | **PC 1.1, PC 1.2, PC 1.3, PC 1.4, PC2, PC6, PC8** | **PC 1.1, PC 1.2, PC 1.3, PC1.4, PC2, PC6, PC8, PC10, PC12** | **PC 1.1, 1.2, 1.3, 1.4, PC2, PC6, PC8, PC10, PC12** | **PC 1.1, PC1.2, PC1.3, PC1.4, PC2, PC5, PC6, PC8, PC10** | **PC1, PC2, PC3, PC5, PC6** | **PC1, PC4, PC7, PC8, PC10** | **PC2, PC4, PC5.1, PC6** |
| Checking and Evaluating  | **PC2, PC3, PC4** | **PC4** | **PC4, PC7, PC12** | **PC4, PC5, PC6, PC10** | **PC4, PC5, PC6, PC10** | **PC4, PC5, PC6, PC10** | **PC1, PC2, PC3, PC5, PC6** | **PC8, PC10** | **PC2, PC4, PC10, PC11** |

